



# Jr. Ranger Guide

FALL EDITION 2023

Just for **RCU** kids

75 Years of

**INTERNATIONAL  
CREDIT UNION DAY**

Thursday, October 19, is International Credit Union Day®. Did you know that since 1948, ICU Day has been a time to celebrate all the great things credit unions do to help people?

Redwood Credit Union has been helping people save and borrow money for almost as long—since 1950! That means in just two years, your credit union will celebrate 75 years of helping people and their families turn their hard-earned money into their dreams.

Go to our just-for-kids page at [operationm3.com/redwoodcu](https://operationm3.com/redwoodcu) to learn some genuinely super money skills. Happy ICU Day!

## ENJOY AN UPCYCLED HALLOWEEN!

Do you get a lot of packages delivered to your house? If so, you may have boxes, envelopes, and packing materials filling your recycling bin. Have you ever considered that those items might be just what you need to make a truly creative Halloween costume no one else will have?

Here are a few ideas for using packages and packing supplies to make a costume that will turn heads this Halloween.

### GAMING CONTROLLER

To begin with, grab your favorite gaming device as a reference. After you've done that, find a box big enough to cover your entire body. With the help of an adult, cut holes out of the box for your head and limbs. To complete your controller, use smaller boxes to make the joystick, buttons, arrows, or other components. Glue or tape these to your body box, and you're ready!



**Pro tip:** Paint the boxes to complete the look. You could even use foil to make it metallic!

### SUPERHERO

For this one, you'll need those little sheets of inflated plastic pillows that come in shipping boxes. Stuff those pillows under a brightly colored long-sleeve shirt and pants for instant muscles. To complete the look, use face paint or makeup to create a face mask and a blanket as a cape.



**Pro tip:** By using the same stuffed muscle idea with different clothes, become something else—a weightlifter, a wrestler—the possibilities are endless!

### CASTLE

Have you ever noticed how a castle or other buildings are mostly just a series of shapes attached to each other? As luck would have it, if you've got a bunch of boxes, you've got all the shapes you need to make your dream fortress/home! Look at pictures of castles from your favorite fantasy stories or movies for inspiration.

**Pro tip:** Draw or cut out windows and doors for a more complete look.



### BAT

It's almost like the universe is TELLING you to transform into the only mammal capable of sustained flight. That crinkly packing paper with the cut lines is perfect for the bat fur on your torso and head. A big, thick cardboard box painted black makes for great wing material.

**Pro tip:** If you really want to take it to the next level, make only the edges of your wings out of cardboard and use bubble wrap as the wing membrane.



# BANANA GHOSTS: YUMMY AND SPOOKY!

Halloween is a time for many sugary treats that taste good at the moment but can leave your stomach with a frightening feeling. Here's a healthy snack that tastes great, is simple to make, and will have you feeling scary good.

## WHAT YOU'LL NEED:



4 large bananas



1½ cup nonfat Greek vanilla yogurt



2 tablespoons powdered sugar



16 wooden popsicle sticks



1 small bag of chocolate chips

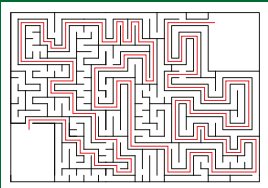
## FIVE EASY STEPS:

- 1 Peel the bananas and, with an adult, slice them in half crosswise. Then, slice each half in half again, lengthwise.
- 2 Insert a popsicle stick at the flat end of each banana, lay them flat on parchment paper, and freeze for 30 minutes.
- 3 Stir together the yogurt and the powdered sugar in a small mixing bowl.
- 4 When the bananas are frozen, dip them in the sweetened yogurt, and place them back on the parchment paper.
- 5 Place two chocolate chips at the top of the banana for the eyes and one for the mouth. Freeze for at least 1 hour.

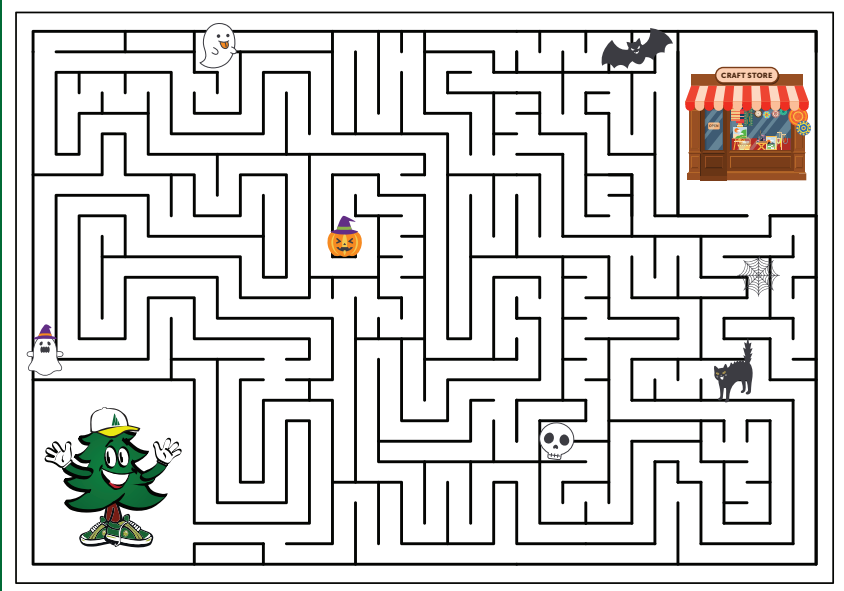
Enjoy!

## REDDY'S CRAFTY MAZE

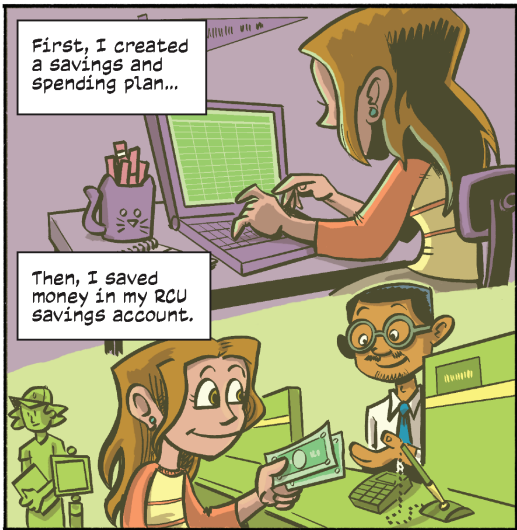
Reddy doesn't have enough popsicle sticks to finish making banana ghosts. Help him find his way to the craft store. Be sure to avoid the spooky Halloween obstacles along the way.



Answer:



## Reddy the Redwood "Plan, Save, and Ride!"



THIS GUIDE BELONGS TO:

AN OFFICIAL JR. RANGER



Redwood Credit Union

[redwoodcu.org/youth](http://redwoodcu.org/youth) | 1 (800) 479-7928

Federally insured by NCUA

### RCU Calendar

RCU will be closed on the following dates:

- Team Development Day – Monday, October 9
- Veterans Day – Saturday, November 11
- Thanksgiving Day – Thursday, November 23
- Christmas Day – Monday, December 25
- New Year's Day – Monday, January 1