



# Jr. Ranger Guide

WINTER EDITION 2024

Just for RCU kids

Happy New Year

## WINTER FUN TIME!

Is the cold, wet weather ruining your outdoor fun? Don't worry, here are some fun things to do without spending a lot of money.

### RECYCLE CITY

Have you ever been amazed by the skyline of a city—the tall, odd-shaped buildings reaching towards the sky? Create your own skyline using items your family usually throws in the recycling bin! Start with a piece of foam board or cardboard, and create a fantastic cityscape out of juice bottles, plastic containers, and other stuff that would just get thrown out.

★ **Bonus Idea:** Take some creative photos of your skyline so you can preserve the memory before recycling it again!



### BEST SALAD EVER

Are the adults in your life always trying to get you to eat vegetables? Are you as excited about kale, lettuce, and spinach as you are about going to the dentist? Now is the perfect opportunity to create an alternative to boring old salads. Challenge a family member to see who can make the best salad ever. As long as it's got a decent amount of green in it, anything goes!

★ **Bonus Idea:** If you want to make it extra challenging, create a dressing to go with the salad.



### YOGA SHOWDOWN



Yoga poses can be tough, but you know what makes them even harder? When you have on four layers of clothes! In this game, you and the person (or people) you're competing with each start by wearing regular yoga clothes. You challenge each other to poses from a list of yoga postures. If a person can't do a pose, they must add a layer of clothes, making it harder to stretch and balance for the upcoming poses. When a person puts on their fifth layer of clothes, they are out of the game and must waddle away!

★ **Bonus Idea:** Decide on your prize. Maybe the winner gets to pick what the other contestants wear for a day!



### PROTECT YOUR PIRATE SHIP

Imagine your home is a pirate ship sailing the swashbuckling seas. Because you're not the only band of buccaneers on these waters, you'll need a plan to protect your vessel from being boarded without resorting to any violence. After all, you're a pirate, not a barbarian! Brainstorm ways to use items from inside your house to keep the marauders away.

★ **Bonus Idea:** Every pirate ship needs a flag. What will yours be?



### SECRET AGENT SURPRISE

There are likely various people outside your house you see regularly, whether it's a neighbor, delivery person, or sanitation worker. Imagine one of these people is really a secret agent working undercover for a government agency. Make up some fun details to explain their true mission, why they need a cover story, and what they're really doing during the hours you don't see them.

★ **Bonus Idea:** As you write down your story, think of a backstory for how they got into the secret agent line of work.